



SPORTS SUPPLY
need it... got it



Lifestyles
with Donna



CAYMAN SPORTS



FBCS HEALTHY KIDS EXPO

Come and join us for a Be Active & Eat Smart evening of action packed activities!

- Climbing Wall • Bouncy castles • Basketball shoot out
- Gymnastics circuit • Hula hooping • Fitness tests
- Healthy food cook off • Table tennis • Rugby tries
- Nutrition Hut • Jump rope • Health screening
- Kids tennis • Kids yoga • BoxFit • Karate demo
- Revolutions indoor cycling • Seminars
- Toddler activities • Lots of prizes and more!!

First Baptist Christian School

Thursday November 19th

5:30pm – 8pm

Ages 0 - 122

