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Principals Corner

Eagle's Eye

May 2011 Newsletter

MOTHERS DAY



The Mothers Day is the perfect occasion when it is time to express your love and care for your lovely mothers. Although moms are always near to our heart but it happens with all of us that with increasing job and family responsibilities, we fail to remind ourselves how important our mothers are for us; well it is never too late.

This year also the special Mothers Day is here so why not celebrate this day by greeting your mom and making her feel how special she is to you. Tell your mother that she is still loved and cared for by sharing this message with her.

"All that I am or ever have to be, I owe to my Mother"

Abraham Lincoln

Mothers have a blessed day!



The mission of First Baptist Christian school is to provide academic excellence in a Christ centered environment that meets the educational, physical and spiritual needs of each individual

From God's Word....



Psalms 139-13:16

You made all the delicate, inner parts of my body and knit me together in my mother's womb.

Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb.

You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.

Important Dates:

- ☺ Fri May 6th - \$1 -Dress Down Day and Fruity Friday Gr.1
- ☺ Sun May 8th— Mothers Day
- ☺ Fri May 13th— Fruity Friday Gr. 2
- ☺ Mon May 16th— Discovery Day
Public Holiday
- ☺ Tue May 17th— Inset Day no school for students K-6
- ☺ Fri. May 20th— Fruity Friday Gr. 3 & Family Fun International Day in the gym 5:30-8 pm
- ☺ F.B.C.S Reading Week May 23rd– 27th
- ☺ Fri May 27th– Fruity Friday Gr. 4

REMINDER:

Our next and final Parent Teacher Fellowship meeting for the 2010-11 school year is set for Monday May 9th @ 6:30pm

The "red, white & 'do' box" present by CI Red Cross

The Cayman Islands Red Cross is celebrating their 50th Anniversary during the month of May. Students at FBCS have been asked to help out with a program called "Red, White & Do". Students in Grades 1-6, have been given a collection box to raise money for the Red Cross by doing chores for family or neighbors. (The Kindergarten class will be given one box for the class, and children can bring in money raised by doing chores to put in the box.) We hope that children may start over the Easter Break, or during the month of May, to help raise money for this worthy cause. The boxes should be brought in to FBCS on or before Monday, May 30th.

HEALTH TIP:

Why we need to drink EVEN more water during the summer?

Have you noticed how hot you have been feeling over the past few weeks- Summer is on the way!!

Summer sees a spike in the temperatures, meaning the air gets hotter around us.

To combat this heat and maintain its core temperature, the body begins to sweat in an effort to cool it down.

In summer the body begins to sweat excessively, resulting in a much larger loss of water, which can lead to dehydration in many cases.

While sweating and the subsequent loss of water and minerals are inevitable during the summer, we can easily combat this in two ways-

1-SIMPLY by increasing our water intake and 2- choosing foods that are have a high water content.

The foods we consume helps our bodies fulfill about 30% of it required water quota, hence the 2nd great way to increase our water intake.

Foods such as

- leafy green vegetable, lettuce, spinach, cabbage and radish.
- Water melon- a huge summer favourite- almost 90% water.
- tomatoes, apples and citrus fruits.
- coconut water- which is excellent and is isotonic in nature- that means it contains similar minerals which are lost in sweat and urine.
- bananas- are an excellent source of potassium, which we lose when we sweat & exercise and can easily be replaced with this very healthy snack.

Effects of dehydration include

- a sluggish metabolism- a feeling of no energy
- lack of concentration
- headaches

Beautiful summers can be enjoyed but we must take care of our diet and fluid intake- so ALWAYS remember to drink water water water.

Nurse Catherine



May Chapel Mondays



8:20—9:10 a.m.
in Sanctuary
May Chapel

9-May	Paul Reynolds
23-May	Paul Reynolds
30-May	Paul Reynolds

SAVE THE DATE:

****Our End of year Concert****

June 14, 2011 @ 6:30pm

May Birthdays

- May 4 Aviella Eugene
- May 10 Amie and Ashlee Wagner
- May 10 Payton Duty
- May 13 Jared Duval
- May 14 Trey Arthur
- May 16 Kaylee Scott
- May 17 Leah Forde
- May 18 Shania Barnett
- May 26 Katriona Williams
- May 27 Nasim Warren
- May 28 Diondre Wright
- May 28 William Alvarenga-Belfoure



WEE Care News

Up Close with the Director



This month we are pleased to bring you excerpts from an interview with our Director, Mrs. Beverley Chin-Sinn. Ms. Bev., as she is affectionately known, hopes that this introduction will be useful to help with getting conversations going with you. She is a relational person and wants you to feel comfortable getting to know her. In turn, she hopes to get to know you as well.

Q. Who is Beverly Chin-Sinn ?

A. I consider myself extremely fortunate in that I have loved and been loved. I have three brothers and two sisters who love me dearly. Being the first girl after three boys I think I landed a sweet spot in the family – the rose after the thorns! Our parents emphasized to us the importance of loving and caring well for each other and that is one thing that stayed with me.

I was born in Jamaica and grew up there with my family. Before coming to the Cayman Islands, I lived in the Bahamas where I taught at Kingsway Academy, a Christian School with grades K-12. The Bahamas provided a long enough stop to meet and marry the love of my life, Hugh. I immediately moved here to the beautiful Cayman Islands and shortly after that we began building our family. My husband and I have been blessed with a son and a daughter who help us to understand the Father's love for us. They are two extremely gifted young adults and we are very glad to have been the recipients of these precious gifts from God. Both children have made known their faith in Christ at an early age and I am thrilled to know that as young adults they desire to honor the Lord through their lives. I agree wholeheartedly with the writer who says "No pursuit is more important than the cultivation of a Godly family."

Q. What qualification and experiences do you bring to WEE Care?

A. I have a Master of Science Degree, a Bachelor of Education Degree and a Teacher's Diploma. With the exception of four years, my life's work has been around teaching children.

I have been a Teacher, a Career Counselor and School Administrator. I have even had a stint as a Secretary and as a Book-Keeper. I have approximately 25 years as a high school educator and I have enjoyed my students immensely. I wanted to be a teacher and although I had a small struggle with deciding whether I would study Law or Education, it seemed that all the choices I was making were funneling me to this place that I am right now. All along God's hands were at work weaving the threads of my life together.

On reflection, however, I realize that it was after I became a mother that a serious stirring began in my heart. As I attended to my own children I had an opportunity to experience day by day the joy and utter delight that little children exude when they learned something. Children love to learn and they show this insatiable appetite for knowledge. Many parents can relate to the joyful sounds that escape the mouths of their children when they exclaim: "I did it!" "Look mom or look dad, I can do it!" I believe with all my heart that all children can learn and that they do want to learn.

Q. What do you enjoy doing outside of work?

A. Outside of work I dabble in quite a number of things: Top of my list would have to be entertaining, travelling, socializing, (using many of the various forms available to do so) and reading. Other things I enjoy doing but don't seem to get very much in are gardening, sewing and cooking. I must hasten to give you the qualifier for my culinary skills - I am quite selective with what foods I spend my time on. My husband is the cook in the family and I am the back up.

Q. What is your philosophy for life and living?

A. Very early in my life I heard a poem and a few of the words indelibly etched themselves in my mind. I think it would be safe to say they influenced my thinking greatly: "...Only one life, 'twill soon be past, Only what's done for Christ will last..."

Having accepted Christ as a young girl, I have lived my life with conviction and a determination to honor His name and to make what I do count. I love and enjoy people and I firmly believe that the biggest investment anyone can make is an investment in another person's life. Naturally, the more persons you can invest in the greater the gains. Mind you, personal gains are not what I am seeking.

A Mothers Love

by Helen Steiner Rice

A mother's love is like a fortress
And we seek protection there
When the waves of tribulation
Seem to drown us in despair.

A mother's love is a sanctuary
Where our soul can find sweet rest
From the struggle and the tension
Of life's fast and futile quest.

A mother's love is like a tower
Rising far above the crowd,
And her smile is like the sunshine
Breaking through a threatening cloud.

A mother's love is like a beacon
Burning bright with Faith and Prayer
And through the changing scenes of life
We can find a haven there....

A Happy and Blessed MAY Birthday to.....

Students

Reese Atterbury

Briya Bell

David Bodden

Dominic Bodden

Benjamin Dawson

Luca Dawson

Carter Moench

Alexia Mohammed

Victoria Mohammed

Teagan Nash

Makalya Peart

Marley Peart

Joshua Scotland

Anabelle Sparrow

Vitor Wedemann