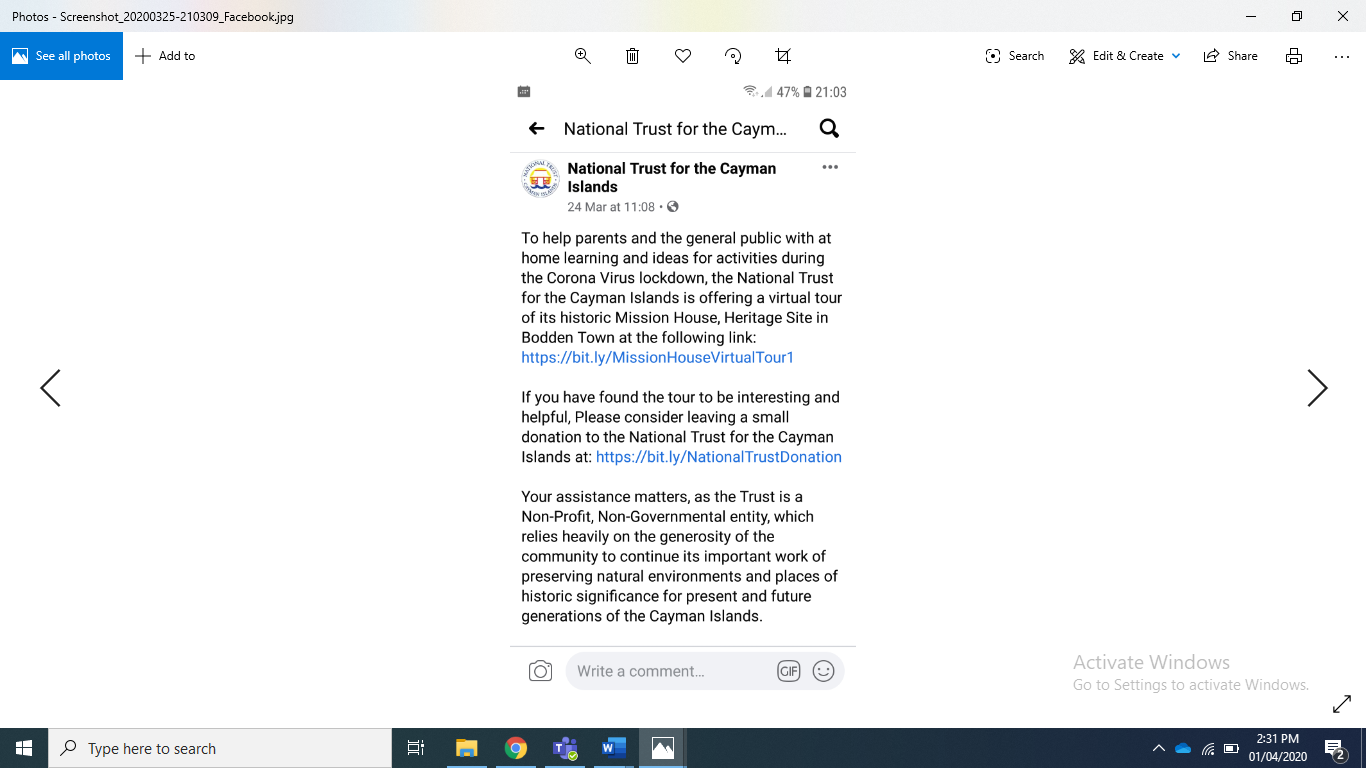
**Have a look at some fun activities you may like to try over the holidays. These are optional.**

**Some fun arty activities to try:**

**Social Studies fun:**



**Mission House:** [**https://bit.ly/MissionHouseVirtualTour1**](https://bit.ly/MissionHouseVirtualTour1)

|  |  |  |  |
| --- | --- | --- | --- |
| Spell out your full name and complete the activity listed for each letter. For a greater challenge, include your middle name and do each one twice! For variety, you could use your favorite character’s name or a different family member’s name. | | | |
|  | Jump up and down 10 times  Spin around in a circle 5 times  Hop on one foot 5 times  Run to the nearest door and run back  Walk like a bear for a count of 5  Do 3 cartwheels  Do 10 jumping jacks  Hop like a frog 8 times  Balance on your left foot for a count of 10  Balance on your right foot for a count of 10  March like a toy soldier for a count of 12  Pretend to jump rope for a count of 20  Do 3 somersaults |  | Pick up a ball without using your hands  Walk backwards 50 steps and skip back to the start  Walk sideways 20 steps and hop back to the start  Crawl like a crab for a count of 10  Walk like a bear for a count of 5  Bend down and touch your toes 20 times  Pretend to pedal a bike with hand hands for a count of 17  Roll a ball using only your head  Flap your arms like a bird 25 times  Pretend to ride a horse for a count of 15  Try and touch the clouds for a count of 15  Walk on your knees for a count of 10  Do 10 push-ups |