**First Baptist Christian School June 22-26, 2020 Grade 1 Optional Home Learning Activities Theme: Beach / Summer**

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|  | **Monday 22nd** | **Tuesday 23rd** | **Wednesday 24th** | **Thursday 25th** | **Friday 26** |
| **Literacy** | Compare Cayman Islands with a cold country. Use Google Maps/atlas/globe to find the two countries. Label a map of the world with different continents / oceans. Pack a suitcase for hot/cold climates. | Research how people used to go on holiday in the past.Find out about the first airplane flight / Amelia Earhart / the Wright brothers. | Go to the beach and practice writing letters / sight words in the sand.Use your senses (see, hear, touch, taste, feel) to write a seaside poem. |

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| Book - There Was an Old Lady Who Swallowed a Shell! by Lucille Colandro | “There was an old lady who swallowed a shell” – watch: |

<https://www.youtube.com/watch?v=J6lk0QZmCFs>Retell the story in your own words to someone in your family. | **A-Z game**Can you make an alphabet list of items found at/near the beach? |
| **Numeracy** | Sandcastle competition – who can build the biggest? Measure the height and width to check.Count the seconds in between waves crashing to help develop a sense of time.Count how long each family member can hold their breath underwater. | Collect shells and count them one-by-one for small groups of numbers or group the shells by 2s, 5s and 10s.Line up shells from smallest to largest or largest to smallest to compare and practice measurement.Practice sorting by placing shells into different categories, such as color, size, or type. | Have your child estimate the number of people sitting near you and then count to see the accuracy of their estimate.Say math problems verbally and have your child write their answer in the sand. | Practice geometry by finding different shapes in the clouds, on sailboats, towels, etc.Build number sense by writing numbers on your child’s back. Then, have them guess the number or vice versa. | Practice writing numbers or drawing shapes in the sand with a small stick or shell. Your child can read the number / shape you write or can write the number / shape you say out loud. |
| **Wellbeing** | Texture drawing:Put a piece of plain paper over the top of some sandpaper (available from most hardware stores). Draw a beach picture and look what happens to the texture of the picture. | Go for a beach walk / swim with your family.Collect sand, shells, pebbles, rocks, sticks, seaweed, washed-up trash etc. (Always ask an adult before picking up trash. Remember to wash the trash and your hands carefully when you get home). | Set up a scene as if trash has washed up onto the beach – sort the materials into recyclable and non-recyclable. | Choose some items from your beach treasure to draw. Look carefully at the shape, texture and colors.Make a seaside themed collage/picture using your beach materials. | Design, make and evaluate ice lollies/pops. Can you make them healthy?Design, make and evaluate a beach buggy/vehicle that can travel on sand. |

**It’s important to take CARE of yourself!**

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| **C****Calm & Connect** | **A****Artistic** | **R****Read & Write** | **E****Exercise & Energize** |
| * Pray for someone
* Tell your family what you thank God for.
* Spend time with your pet
* Do some gardening
* Make an indoor picnic
* Look at old photos
* Make a home spa
* Play: board games, dominoes, cards, jigsaw puzzles with the family
* Play ‘I spy with my little eye….’
* Listen to some calming music
* Have a ‘mindful minute’ then write about what you could see and hear
 | * Practise an instrument
* Dress up – the more creative the outfit the better
* Do some recycling art/junk modelling
* Bake or cook (with an adult)
* Make up a dance routine to your favorite song
* Draw and color your favorite ‘happy place’
* Collect leaves, sticks, shells and rocks to make some natural art
* Learn a magic trick
* Hold a paper airplane flying competition
* Color a Mandala or mindfulness picture
* Chalk your driveway/outside area – design a picture or play hopscotch!
 | * Write an adventure story
* Read ‘real’ (offline) books
* Write a journal/diary
* Write a reflection poem about our ‘new normal’
* Write handwritten cards for your friends/family
* Write a letter to your future self
* Write a list of all the things you are thankful for
* Write a list of the things you want to do as soon as this time has passed
 | * Ride your bike, scooter or skateboard
* Yoga
* Pilates
* Skipping rope
* Dancing
* Water bottle bowling
* Treasure hunt (indoor or outdoor)
* Obstacle race
* Have exercise challenges with your family. Who can do the most…? Who’s the quickest at….?
* Play hide and seek
* Clean the house/garden
* Go for a walk
* Zumba
* Use your imagination to create and build! Look around your home to find materials to build with: Lego, Duplo, Play-Doh, blocks, boxes, wood, paper, blankets, sticks, string, sand, mud etc.
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