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| **Physical Education** | | |
| Objective | Activities | Resources |
| Identify major muscles in the body | **Activity**:   1. Log onto Seesaw and find the assignment entitled “Muscles.” 2. Click the link in the assignment and watch the video for today. 3. After you watch the video, click Add Response to find the worksheet to complete.   a. Please note there are multiple pages for this assignment.  b. When you are done, click the green check to submit. | Device with connection to internet |