

LEARNING - FROM - HOME

OTHER AREAS Grade 5



<p>Create and name a new type of stretch. Make a poster showing how to do the stretch. Tonight, after dinner, teach it to your family.</p>	<p>Create a model of sedimentary rock using objects in your home such as pillows, blankets, etc. Explain to a family member the characteristics of sedimentary rock.</p>	<p>Stand up tall and put your arms out to the side. Slowly breathe in and lean to one side, stretching your fingers to the floor. Slowly breathe out while standing back up. Do this for 2 minutes, switching sides each time.</p>	<p>Create a map of your neighborhood. Add in a compass rose. Try to give directions to a family member to navigate the neighborhood.</p>
<p>Hold a family meeting and discuss how everyone is feeling staying at home for an extended period of time.</p>	<p>Make a paper windsock out of a small paper bag, streamers, markers, and any other craft items you may have lying around your house. Hang your windsock outside, and let it blow in the wind.</p>	<p>Measure your bedroom in lunges, bunny hops, and tiptoes. What other ways can you measure it?</p>	<p>Using objects found around your home, e.g. shoestring, piece of yarn, block, etc., create a model of a simple circuit. Demonstrate to a family member the flow of electricity in your circuit.</p>
<p>Read a picture book and do 5 jumping jacks every time you read the word 'and'.</p>	<p>Make your own rainstick with an empty paper towel roll. Close one end with paper and a rubber band. Place a loosely crumpled piece of foil and a few spoonfuls of uncooked rice or beans inside the tube. Then, seal the other end.</p>	<p>Create a large tic-tac-toe board on the floor using colored tape. Choose random objects and play with a family member.</p>	<p>Stand in front of a ticking clock. With each tick, alternate touching your head, shoulders, knees, then toes. Do this for 2 minutes.</p>